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| **Construct** | **Sub-Category** | **Strength** | **Challenge** |
| **Self-Awareness** | *Identifying Emotions* |  |  |
| *Accurate Self Perception* |  |  |
| *Recognizing Strengths*  |  |  |
| *Self-Confidence* |  |  |
| *Self-Efficacy* |  |  |
| **Self-Management** | *Impulse Control* |  |  |
| *Stress Management / Distress Tolerance* |  |  |
| *Self-Discipline* |  |  |
| *Self-Motivation* |  |  |
| *Goal Setting* |  |  |
| *Organizational Skills* |  |  |

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| **Construct** | **Sub-Category** | **Strength** | **Challenge** |
| **Social Awareness** | *Perspective Taking* |  |  |
| *Empathy* |  |  |
| *Appreciating Diversity* |  |  |
| *Respect for Others* |  |  |
| **Relationship Skills** | *Communication* |  |  |
| *Social Engagement* |  |  |
| *Relationship Building* |  |  |
| *Teamwork* |  |  |

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| **Construct** | **Sub-Category** | **Strength** | **Challenge** |
| **Responsible Decision Making** | *Identifying Problems* |  |  |
| *Analyzing Situations* |  |  |
| *Solving Problems* |  |  |
| *Evaluating* |  |  |
| *Reflecting* |  |  |
| *Ethical Responsibility* |  |  |